

Selected Caregiver Burden Assessments

Tool	Population	Description
Caregiver's Burden Scale in End-of-life Care (Dumont et al., 2008)	Family caregivers of patients with terminal cancer	16-item tool, which assesses explicitly family caregivers' burden within the palliative care context
Caregiver Reaction Assessment (Petrinec et al., 2016)	Caregivers of patients receiving palliative care	24-item tool to assess overall caregiver burden across multiple domains, including feelings of role captivity, overload, competence, personal gain, coping, family beliefs and conflict, job conflicts and financial disruption.
Family Appraisal of Caregiving Questionnaire for Palliative Care (Cooper et al., 2005)	Caregivers of patients receiving palliative care	26-item measure of a family's self-appraisal of caregiving that can be used in clinical assessment.
Zarit Burden Inventory (Steven et al., 1980)	Advanced conditions	22-item measure of caregiving burden in caregivers of patients with dementia.
Grief Experience Questionnaire (Barrett & Scott 1989)	Bereaved spouses	Self-administered questionnaire measuring various components of grief following the death of a loved one.

